Testimonials

About trance consultation

Sarah's work, both personally and with Master Chou, is of the highest professionalism and integrity. I have gained great insight and strength working with them in workshops, other sessions and during public discussions. She brings forward knowledge with humour and grace. I can't recommend her highly enough.

SK, London

Master Chou normally sheds light on my concerns and questions like no one does. He always makes me see things in a different way, things that I don't see or that I'm not aware of. Is so refreshing to be able to appreciate these other views when you feel trapped or confused in a certain situation.

AV, London

I have experienced individual and group sessions with Master Chou. Be prepared to hear the truth and question your belief system. Chou can be uncompromising and challenging but there is gentleness and tolerance to.

He underpins his guidance with humour and a sense of fun and brings his messages to the 'here and now' to enrich our physical existence.

SG, London

As an experienced trance lightworker, Sarah was able to blend with the wise and compassionate spirit being, Master Chou. If you ever have the chance to book a session with Sarah, (and Master Chou) you certainly won't regret it. He may give very practical advice, simple in his delivery, but one becomes astounded by his profound and wise words; leaving a lasting effect, not only from the words he speaks, but the healing that you naturally receive whilst talking with him. A beautiful experience!

Theresa Kahn-O'Doherty

I have had two trance mediumship sessions and have already booked for more. I have gained great insight into my issues and been given practical tips on how to overcome them. Having been in both psychotherapy and psychoanalysis, I would rate these trance mediumship sessions as more beneficial than either.

Robert Smith, UK

An encounter with Master Chou has always been an incredible experience and my relationship to him feels like it has deepened over the years, much like meeting with an old friend. I feel like he truly knows me and recognises me from my energy print every time we meet either in person or when we talk on the telephone. I have always experienced him as quite distinct from Sarah's energy and find it odd when other friends comment they will 'talk to Sarah'. Sarah is amazing at 'taking herself out of the picture' and I know this is the mark of a really good medium, as it is so difficult to achieve. Master Chou's guidance and observations have been accurate with some sittings being extremely memorable: not only were his comments and predictions accurate, but had a depth and insight that I find difficult to describe. Once, he described an ex, then a new boyfriend, to such depth and the trajectory of our relationship with such accuracy, that in hindsight, months later, I was blown away! I even discussed this with him in a subsequent session, as I was perplexed as to the role of free will in this and he said that our behaviours followed a pattern that was predictable from the point of view of our personalities. I have often sought his higher perspective on the grander questions, as well as on everyday issues and choices and his responses have been truly amazing, presenting perspectives in a way that that never fails to fill me with awe and wonder, but more importantly, they resonate deeply. I truly feel he and Sarah are a gift to all those who seek guidance and a deeper meaning in life.

Dafni, Berlin

About intuitive coaching

I have really appreciated Sarah's guidance and support during coaching sessions in which we have rebalanced, and in some instances moved back in to place, layers of my aura. In her teaching Sarah has proved an extremely trustworthy mentor whose commitment and integrity is grounded in years of experience and a rich and varied knowledge base.

Sue, Greater London

Sarah gives clear, honest and practical coaching, allowing you to use these tools in your everyday life. Through her intuition, she knows what I need and gives down to earth advice on how to turn around a difficult task.

Avril, London

About Distant Trance Healing

In a stage of my life in which although I was doing psycho-spiritual inner work every day, I was having any significant difficulties I realised the need of a little extra support to be more able to deal with them. I brought my attention to Sarah intuitively and since that time I have been receiving distant trance healing sessions . In addition of that, I ask her occasionally some questions about complicated issues to better understand the problem and his underlying cause and the best way to confront it .

Concerning the effectiveness of this king of aid, I always notice the same and ensuing days of each curative intervention a deep renewal, which implies the dissolution of my blockages and a higher level of vitality, and also carries improvement of my wellness and my capacity to deal with the challenge of the moment. The spiritual guidance by providing me a right approach and specific strategies to respond to it makes it possible to get more performance in my conscious self-healing work. Additionally, the deliberate continuity and regularity of this help give support and bring stability throughout the whole process of my healing. All of that is helping to considerably accelerate the progress .

In short, over the last years I have seen that Mr Chou is an excellent healer and an extraordinary spiritual adviser. On the other hand, the fact that Sarah do this work in deep trance mediumship makes possible that her spiritual guide may manifest his full potential through her, without restrictions or distortions.

José Ramón, Spain

About e-book

I always knew my understanding of both the Aura and Soul was sketchy at best ... but now feel myself to be massively informed by comparison ... my comprehension

growing consistently with daily meditation ... and not least washing my aura ... who knew what a massive and very positive difference that would make to my connection with both Spirit and myself

PP, London

About Audio Downloads

I listened to a couple of broadcasts where Sarah has channelled Master Chou about the Soul and the year of the Rat. I found them extremely insightful and inspirational. Master Chou is very clear and spends the time to ensure that everything is understood, he will clarify every question asked of him and pay great attention to detail. He also has a great sense of humour. I thoroughly enjoyed the broadcasts and gained a lot from them

After learning all about the Soul, we ended with a meditation. This really worked for me, I could physically feel full, this was great evidence of strengthening my Soul Connection. I was intrigued to hear Master Chou's insights on the Year of the Rat as I am a Rat. I must say he was spot on with the characteristics and the guidance towards dealing with the events, and reactions for this year.

Thank your Sarah for bringing Master Chou to us, his knowledge is vast and very much appreciated.

Helen Bishop, UK